



Eternal Future's Personality Max™ Report

INFP, Dreamer, Visionary, Introverted, Intuitive, Intrapersonal, Logical, Visual, Right-brained

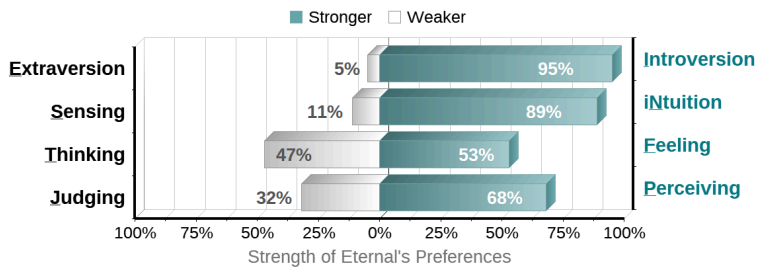
Your Results Snapshot Your Personality Type INFP - The "Dreamer" Your Cognitive Functions Famous People of Your Type Career Matches for Your Type Your Temperament NF - The "Visionary" Famous Visionaries Visionary Career Matches Your Preferences Extraversion vs. Introversion in You Sensing vs. Intuition in You Thinking vs. Feeling in You	Judging vs. Perceiving in You Your Multiple Intelligences Your Intrapersonal Intelligence Your Logical Intelligence Your Linguistic Intelligence Your Kinesthetic Intelligence Your Musical Intelligence Your Spatial Intelligence Your Interpersonal Intelligence Your Naturalist Intelligence Your Learning Styles	Visual Learning and You Auditory Learning and You Kinesthetic Learning and You Your Brain Hemispheres The Enneagram Type 5 in Depth Your Personal Development Your Learning Your Relationships Your Work and Career Your Career Matches Your Strengths Sharing and Saving Your Report
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Your Results Snapshot

You have a unique set of traits that make you who you are. The study of personality identifies and organizes your characteristics and behaviors in such a way as to help you better understand yourself. Your Personality Max report is intended to equip you to lead a more effective and fulfilling life.

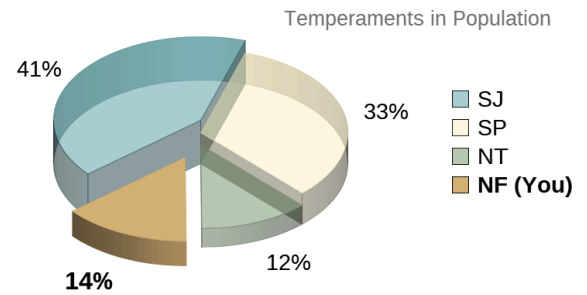
Your Personality Type is INFP (Dreamer)

Introverted (I) + Intuitive (N) + Feeling (F) + Perceiving (P)

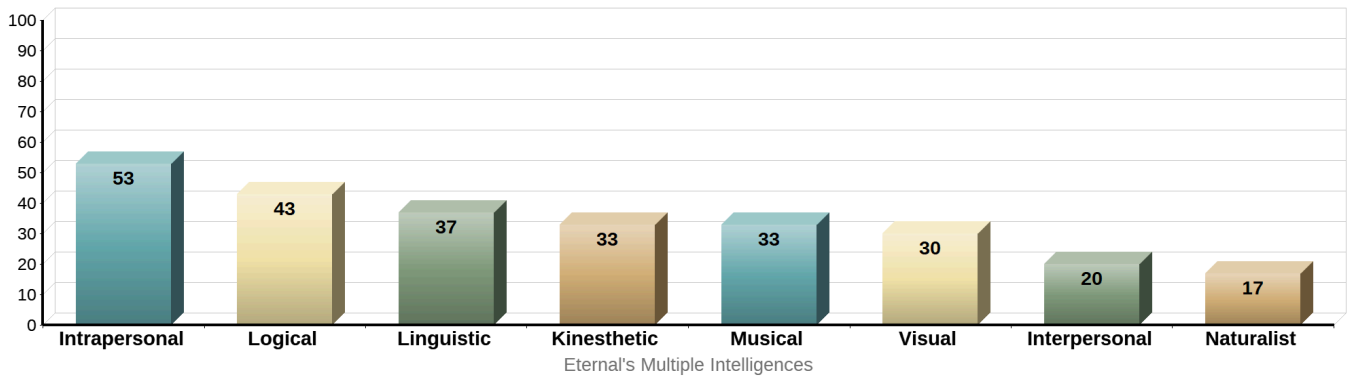


Your Temperament is NF (Visionary)

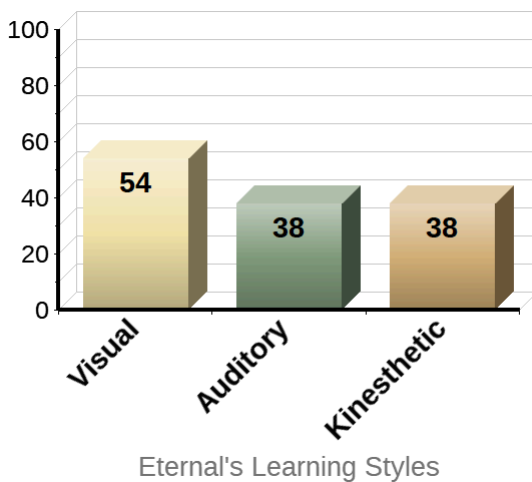
Intuitive (N) + Feeling (F)



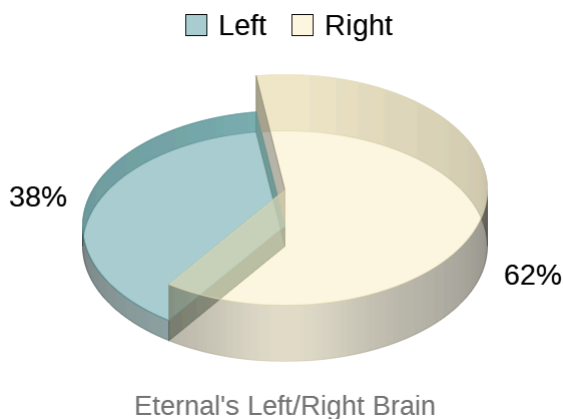
Your Top Intelligences are Intrapersonal and Logical



You are a Visual Learner



You are Right-brained



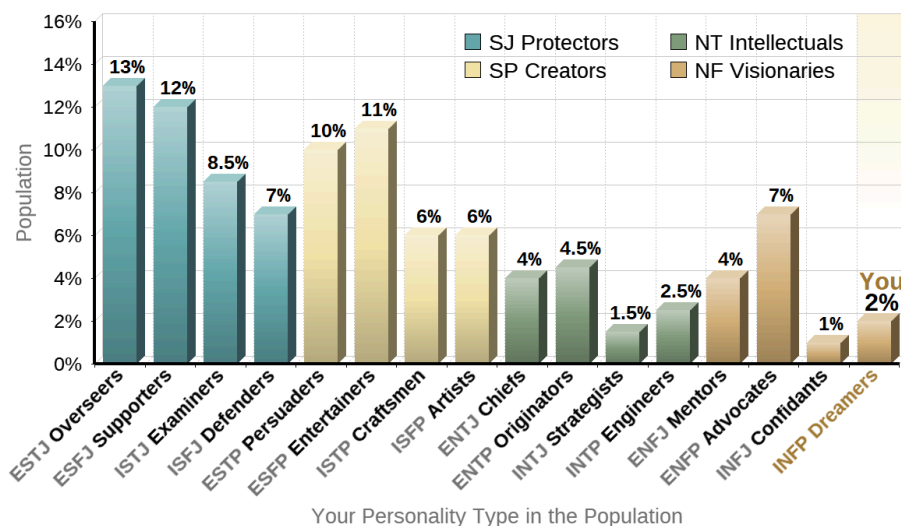
"Personality is to a man what perfume is to a flower."

— Charles M. Schwab

Your Personality Type

Your personality type is **INFP**. This is based on your four **Preferences**: Introversion (I), Intuition (N), Feeling (F) and Perceiving (P).

Many of today's theories of psychological typology are based on the work of Swiss psychiatrist Carl



Gustav Jung, who wrote *Psychological Types* in 1921. He was the founder of analytical psychology, which studies the motivations underlying human behavior.

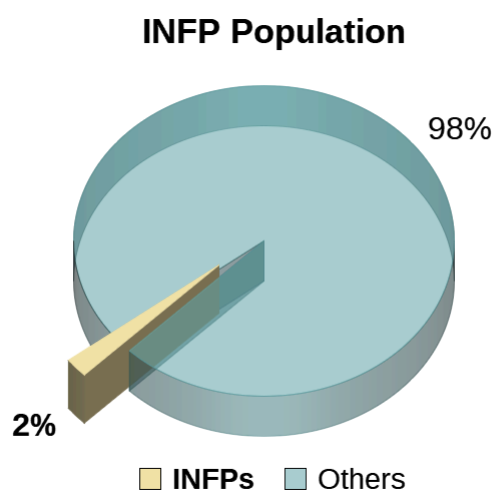
Your personality type is a detailed classification of the innate characteristics that make you who you are. Each of the four temperaments can be divided into four types, making a total of 16 distinct personality types. As with **Temperament**, your type is determined by the strength of your preferences.

No personality type is better than another. Each person has a unique set of equally valuable characteristics. Understanding your type can be useful in many ways, including relationships and school or career.

INFP - The "Dreamer"

INFPs are idealistic and deeply sensitive. They are characterized by their loyal and gentle nature. Beneath their easygoing disposition runs a fixed passion for the causes they believe in and the people they care for.

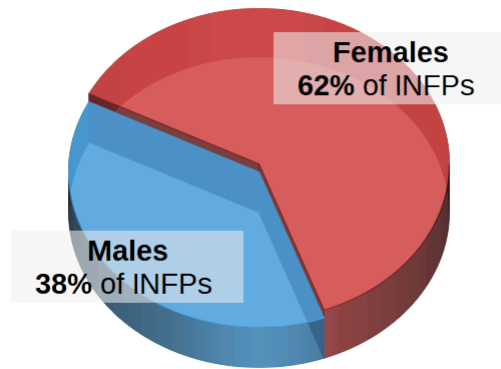
"Constant kindness can accomplish much. As the sun makes ice melt, kindness causes misunderstanding, mistrust, and hostility to evaporate." — Albert Schweitzer



INFPs direct their energy inward. They are energized by spending time alone. They are private and internally aware. INFPs are independent and keep to themselves most of the time. INFPs are Intuitive. They are imaginative, idealistic and creative people. They generate endless possibilities and ideas. Their thought process is profound and abstract. Dreamers live in the future.

Dreamers are Feelers that make decisions with their heart. They are driven by emotion. Dreamers dislike conflict and are easily hurt. INFPs are random and spontaneous. They like to keep their options open and dislike feeling confined by rules and schedules.

INFPs are loyal, caring and warm with the people they allow into their inner circle. On one hand they are playful, fun and possess a unique sense of humor. On the other hand they are intense and serious. INFPs are generous with praise and encouragement. They look for affirmation, affection and integrity. They are good at identifying inconsistencies in themselves and others. Dreamers are romantics.



INFPs work well in solitude. However, their agreeable and kind disposition allows them to work well with others. They set high standards for themselves and strive for perfection, integrity and honesty. Their job must be fulfilling and meaningful. Otherwise, they lose interest and become discouraged. They are creative and enjoy generating and working with ideas. Their life's work must fulfill their idealism.

INFPs love to excel and learn. They grow restless in rigid and impersonal environments. When engaged, they can learn well on their own. Although they might pursue an educational avenue to please others, they are happiest when they are true to their own identity and sensitive nature. They have a need to create and express themselves.

INFPs are highly idealistic. They defend their values and do not like to have them challenged. They are catalysts for harmony and healing. **Their greatest contribution is their ability to be present with another person at a deep level.**

Characteristic of an INFP

Idealistic	Guarded	Intuitive	Internally aware
Introspective	Meaningful	Empathetic	Selfless
Future-focused	Warm	Private	Gentle
Easygoing	Loyal	Adaptable	Creative
Independent	Abstract	Sensitive	Intuitive
Artistic	Imaginative	Peace-loving	Values-oriented

Typical Strengths

- Loyal and devoted
- Deep capacity to care and love
- Warm and playful

Possible Weaknesses

- Tends to react emotionally
- Extreme dislike of criticism
- Tendency to blame themselves

- Excellent at reading feelings and motives of others
- Desires to meet the needs of others
- Has trouble in conflict situations

- INFPs make up 2% of all 16 personality types. INFPs are one of the most rare personality types. Introversion, intuition, Feeling and Perceiving are all less common than their opposite preferences.
- 1 in every 66 males is an INFP (1.5% of all males). 1 in every 40 females is an INFP (2.5% of all females). Male INFPs are one of the least common type-gender combinations.
- There are more female INFPs than male. Just over one third of INFPs are male. One reason there are more female INFPs is that females tend to be Feelers (F) while males are more often Thinkers (T).

Your Cognitive Functions

You engage the world through four cognitive functions. Each function is directed outward toward people and surroundings (Extraverted) or inward toward your thoughts (Introverted). Your primary function is **Introverted Feeling** and secondary is **Extraverted Intuition**.

Introverted Feeling (Primary Function)

You use this function most often. When Feeling (F), you make decisions based on feelings, so the Introverted Feeling function allows you to know what you value. It is the ability to see through others and know what they are really like as if you had internal radar. When you identify a person with similar values, there is a desire to connect.

Introverted Sensing (Tertiary Function)

You use this function but to a lesser degree. Through Sensing (S), you process data with your five senses. The Introverted Sensing

Extraverted Intuition (Secondary Function)

Your use of this function is somewhat high. With Intuition (N), you process new information through impressions, possibilities and meanings. Extraverted Intuition is what allows you to see different paths or ways. When you receive information, you are able to see that there is more than one way to look at things.

Extraverted Thinking (Least Function)

You use this function least of the four. While Thinking (T), you make decisions based on logic. The Extraverted Thinking function

function allows you to remember data in detail and to compare it with current information. It is the ability to link present experiences to past experiences in search for a connection.

enables you to organize and categorize items such as thoughts and arguments. It is the ability to see the logical consequences of actions. It follows sequence and organization.

Famous People of Your Type

Here is a sampling of famous people and fictional characters that are likely to be INFPs like you.

Albert Schweitzer Theologian, Doctor, Pianist	Dick Clark Television Personality	Lisa Kudrow Actress ("Phoebe", Friends)	Bastian Balthazar Bux The Neverending Story
Princess Diana Princess of Wales	John F. Kennedy, Jr. Lawyer, Publisher	Aldous Huxley Author	E.T. E.T. the Extra-Terrestrial
William Shakespeare Poet, Playwright	Neil Diamond Singer, Musician	J. R. R. Tolkien Author (Lord of the Rings)	Doug Funnie Doug cartoon
Henry W. Longfellow Poet	Tom Brokaw Television Journalist	Peter Jackson Filmmaker (Lord of the Rings)	Tommy Pickles Rugrats
A. A. Milne Author (Winnie the Pooh)	Virgil Ancient Roman Poet	Calvin Calvin and Hobbes	Rocko Rocko's Modern Life
Laura Ingalls Wilder Author (Little House on...)	John Disciple of Jesus	Anne Anne of Green Gables	Fox Mulder X-Files
Helen Keller Author, Activist, Lecturer	James Taylor Singer-songwriter, Guitarist	Doctor Julian Bashir Star Trek: Deep Space 9	Deanna Troi Star Trek: The Next Generation
Fred Rogers Mister Rogers	Audrey Hepburn Actress		Wesley Crusher Star Trek: The Next Generation
	Scott Bakula Actor (Star Trek Enterprise)		

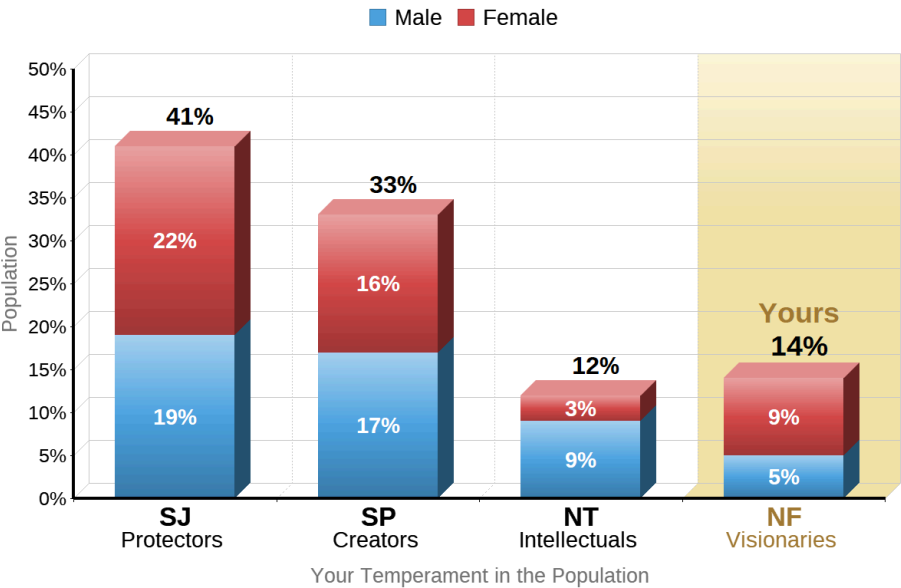
Career Matches for Your Type

INFPs may find satisfaction with the following careers which tend to match well with their Dreamer personality. This list is not exhaustive and these are not guaranteed to be perfect matches for you but this may be a helpful starting point if you are planning to pursue a new career.

Activist	Teacher	Graphic	Video Editor
Church Worker	Musician	Designer	Holistic Health
Missionary	Therapist	Writer	Practitioner
Educational	Actor/Actress	Psychologist	Speech
Consultant	Artist	Translator/Interp	Pathologist
Social Worker	Journalist	reter	Employee
Physical	Professor	Social Scientist	Development
Therapist	Minister	Web Designer	Specialist
Fashion	Filmmaker	Photographer	Researcher
Designer	Librarian	Human	
Counselor	Editor	Resources	

Your Temperament

Your temperament is **NF** since you lean toward the Intuition (**N**) and Feeling (**F**) preferences. We identify your temperament by the strength of your **Preferences**. Many psychologists, philosophers and other thinkers have for centuries proposed that there are four temperaments that can describe a person.



Temperament is a more broad classification than **Personality Type**. Each of the four temperaments is like an umbrella over four related personality types (for a total of 16 personality types).

NF - The "Visionary"

Visionaries (NFs) are empathetic, generous and original. They are caring individuals who are not only sensitive to the feelings of others but also very adept at identifying them. They are idealistic and driven by values they deeply believe in and defend. Visionaries desire to understand themselves and to be understood for who they really are.

As gifted teachers and mentors, they are interested in helping others grow and reach their potential. Visionaries are futuristic and charitable. In their relationships, they require authenticity, depth and meaning. They value harmony and enjoy pleasing others. Visionaries wither in critical and competitive environments. They dislike conflict and conformity.

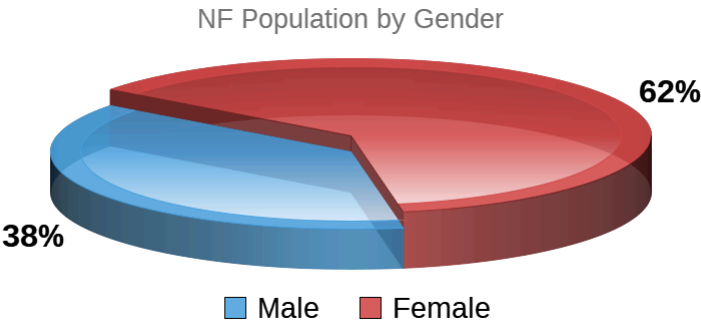
Anne Shirley:

*Don't you ever
imagine things
differently from
what they are?*

Marilla Cuthbert:

No.

Anne Shirley: *Oh Marilla, how much you miss.*



Famous Visionaries

King David
King of Israel

Shakespeare
Poet and
Playwright

Peyton Manning
NFL Quarterback

Mikhail
Gorbachev
Leader of Soviet
Union

Dr. Seuss
Writer, Cartoonist

Diane Sawyer
Journalist

Nelson Mandela
President of S.
Africa

Martin L. King,
Jr.
Minister, Activist

Sandra Bullock
Actress

Regis Philbin
Television
Personality

Charles Dickens
Novelist

Upton Sinclair
Author, Journalist

Mark Twain
Writer

Robin Williams
Actor

Bob Dylan
Actor

Albert
Schweitzer
Theologian,
Physician

Princess Diana
Princess of Wales

Audrey Hepburn
Actress

Helen Keller
Author, Activist

Johnny Depp
Actor

Dr. Doug Ross
ER

Kevin Arnold
Wonder Years

Luke Skywalker
Star Wars

Tin Man
Wizard of Oz

Calvin
Calvin and
Hobbes

Anne Shirley
Anne of Green
Gables

E.T.
The Extra-
Terrestrial

Visionary Career Matches

NF's are commonly skilled at and often find satisfaction with the following careers.

Social Worker	Activist/Advocate	Human Resources	Actor
Teacher/Professor	Counselor	Trainer	Musician
Charity Worker	Psychologist	Writer	Artist

- NFs (Visionaries) make up only about 14% of the general population.
- Female NFs outnumber male NFs nearly two to one, with males making up only about 5% of all people.
- Many great idealist thinkers and leaders in the world have been NFs.

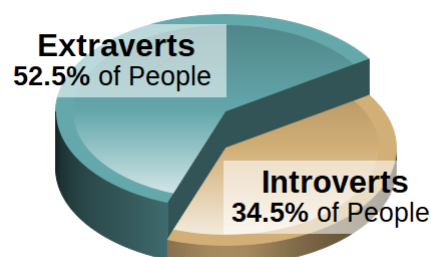
Your Preferences

Your preferences are **Introversion (I)**, **Intuition (N)**, **Feeling (F)** and **Perceiving (P)**. These determine your **Personality Type** and **Temperament**.

There are four pairs of opposite preferences. Everyone has a greater tendency toward one preference than the other in each pair. For example, in the Thinking (T) vs. Feeling (F) dichotomy, you personally have a stronger tendency toward Feeling (F). Each preference has a single letter (such as "F") that identifies it.

Extraversion vs. Introversion in You

Extraversion (E) and Introversion (I) are opposite preferences. Your natural tendency toward one is stronger than the other. Extraversion and Introversion describe how a person directs their energy either outwardly toward people and activities or inwardly toward thoughts and ideas. Of the two, **your dominant preference is Introversion**. Although everybody exhibits characteristics of each preference to some degree, you can be referred to as an *Introvert*.

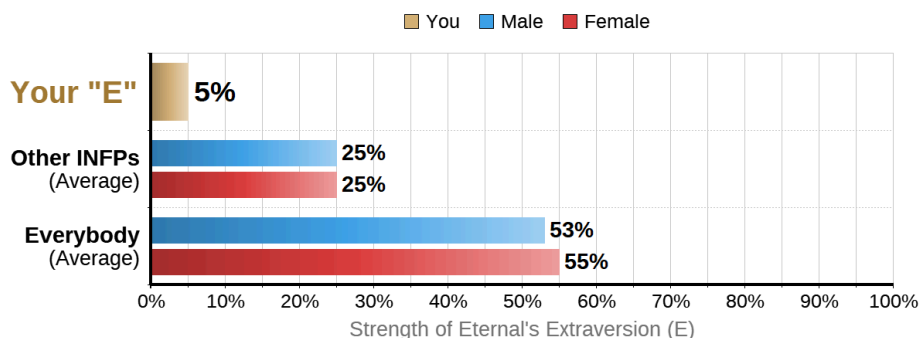


- **You are 107% more Introverted than the average**
- You are part of the minority of people who are primarily Introverted
- Males on average are slightly more Introverted than females

Your Extraversion (E)

Extraversion is characterized by a preference to focus on the world *outside* the self. Extraverts are energized by social gatherings, parties and group activities.

Extraverts are usually enthusiastic, gregarious and animated. Their communication style is verbal and assertive. Extraverts often need to talk. They enjoy the limelight.



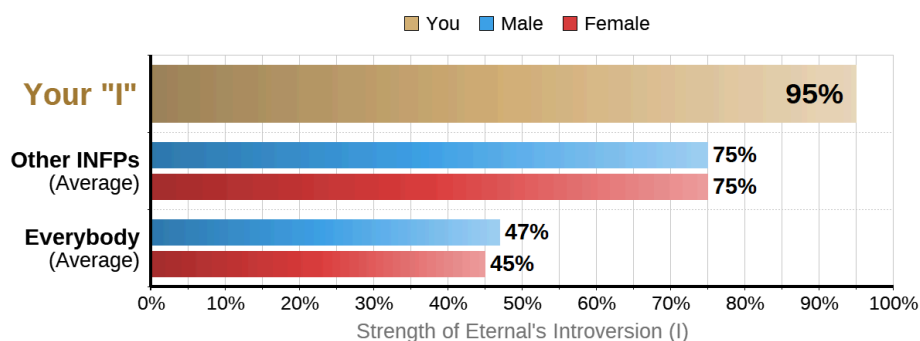
Sociable
Energized by interaction
Assertive
Gregarious
Talkative
Enthusiastic

Expressive
Volunteers personal info
Many friends
Easy to approach
Enjoys groups

Your Introversion (I)

Introversion is characterized by a preference to focus on the *inside* world. Introverts are energized by spending time alone or with a small group.

They find large group gatherings draining because they seek depth instead of breadth of relationships. Introverts process information internally. They are often great listeners.

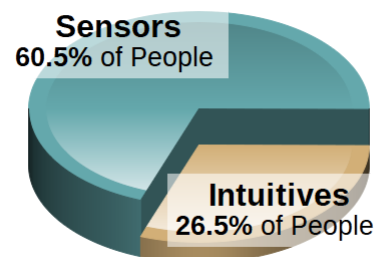


Energized by time alone
Private
Keeps to self
Quiet
Deliberate
Internally aware

Fewer friends
Prefers smaller groups
Peaceful
Independent
Thinks before speaking
Enjoys solitude

Sensing vs. Intuition in You

You use Sensing (S) and Intuition (N) to receive and process new information either by using your five senses or in more abstract ways. Both preferences in this pair are used by everybody to some degree. With that said, you can be classified as *Intuitive* since **your dominant preference is Intuition.**

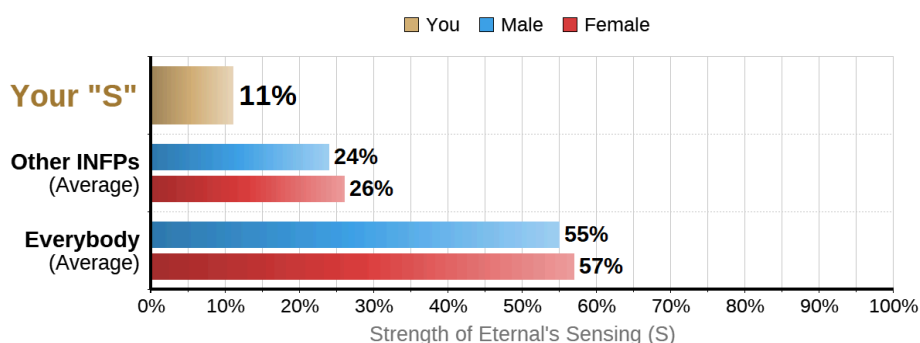


- **You are 89% more Intuitive than the average**
- You are part of the minority of people who are primarily Intuitive
- Males on average are slightly more Intuitive than females

Your Sensing (S)

Sensors focus on the present. They are "here and now" people. They are factual and process information through the five senses. They see things as they are because they are

concrete and literal thinkers. They trust what is certain. Sensors value realism and common sense. They like ideas with practical applications.



Concrete
Realistic
Lives in the present

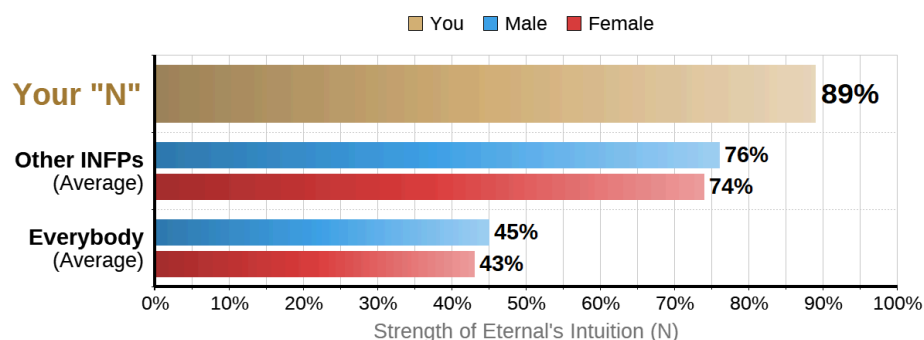
Aware of surroundings
Notices details
Practical

Goes by senses
Factual

Trusts certainty
Values common sense

Your Intuition (N)

Intuitive people live in the future. They are immersed in the world of possibilities. They process information through patterns and impressions. Intuitive people value inspiration and imagination. They gather knowledge by reading between the lines. Their abstract nature attracts them toward deep ideas, concepts and metaphors. They can see the "big picture" and are analytical.

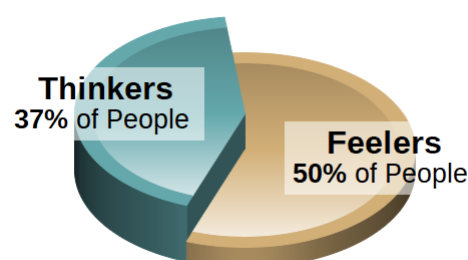


Future-focused
Sees possibilities
Inventive
Imaginative
Deep

Abstract
Idealistic
Complex
Theoretical
Philosophical

Thinking vs. Feeling in You

The Thinking (T) and Feeling (F) preference pair refers to how you make decisions, either by objective logic or subjective feeling. **Your dominant preference is Feeling** so you can be classified as a *Feeler*. Each of the two preferences are employed by everybody at different times and to different degrees.

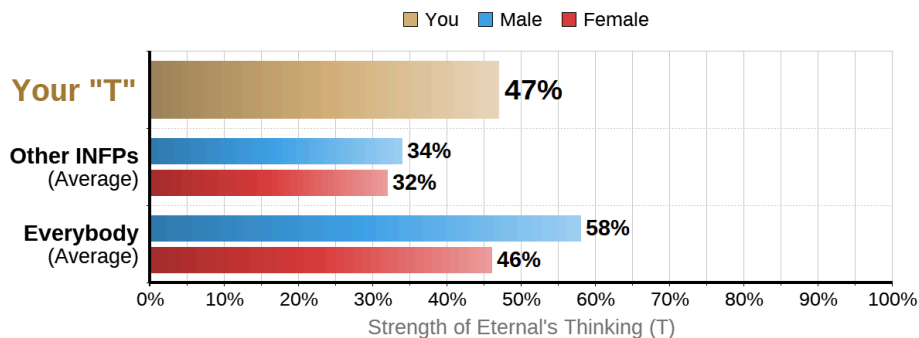


- **You are 10% more Feeling than the average**
- Feelers like you make up about half of the population
- The majority of females are Feelers while the majority of males are Thinkers

Your Thinking (T)

Thinking people are objective. They make decisions based on facts. They are ruled by their head instead of their heart (but are not without emotion).

Thinking people judge situations and others based on logic. They value truth over tact and can easily identify flaws. They are critical thinkers and oriented toward problem solving.



Logical

Objective

Decides with head

Seeks truth

Rational

Impersonal

Critical thinking

Thick-skinned

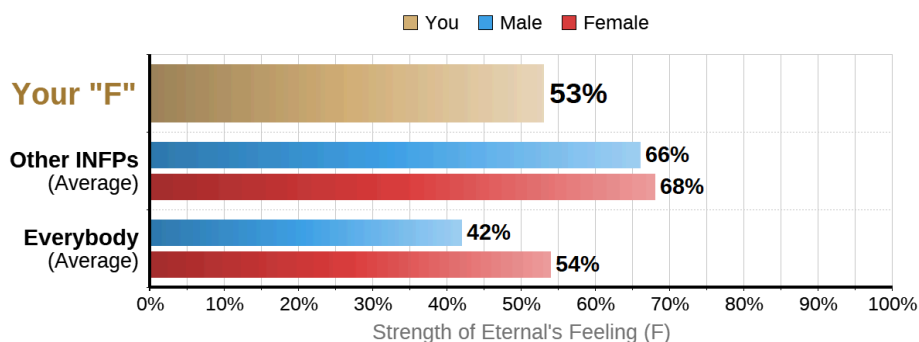
Firm with people

Driven by thought

Your Feeling (F)

Feeling people are subjective. They make decisions based on principles and values. They are ruled by their heart instead of their head. Feeling people judge situations and

others based on feelings and extenuating circumstances. They seek to please others and want to be appreciated. They value harmony and empathy.



Decides with heart

Dislikes conflict

Passionate

Driven by emotion

Gentle

Easily hurt

Empathetic

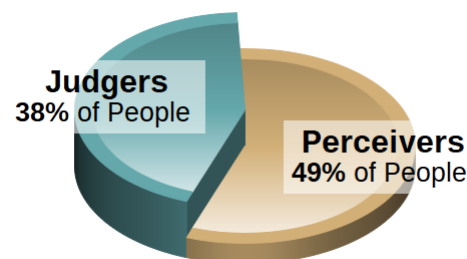
Caring

Warm

Subjective

Judging vs. Perceiving in You

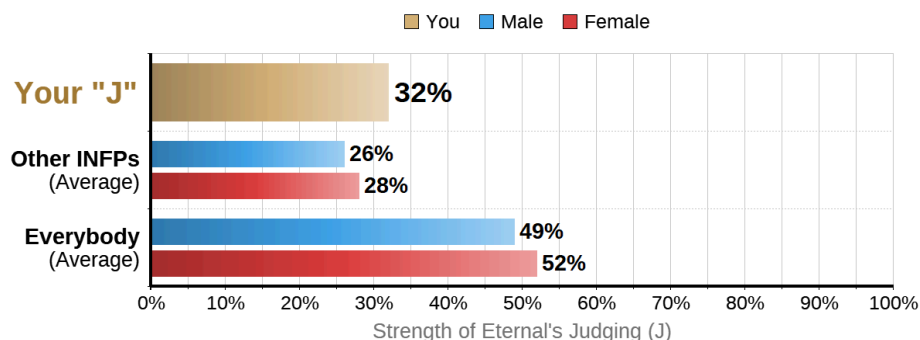
Judging (J) and Perceiving (P) are how you interact with the world outside yourself, either in a structured or flexible manner. All people use both of these preferences to different degrees but one is more dominant. Since **your dominant preference is Perceiving**, you can be referred to as a *Perceiver*.



- **You are 36% more Perceiving than the average**
- You are part of the slight minority of people who are primarily Perceiving
- Males on average are slightly more Perceiving than females

Your Judging (J)

Judging people think sequentially. They value order and organization. Their lives are scheduled and structured. Judging people seek closure and enjoy completing tasks. They take deadlines seriously. They work *then* they play. The Judging preference does not mean judgmental. Judging refers to how a person deals with day-to-day activities.



Decisive
Controlled
Completes projects
Organized
Structured

Scheduled
Quick at tasks
Responsible
Seeks closure
Makes plans

Your Perceiving (P)

Perceivers are adaptable and flexible. They are random thinkers who prefer to keep their options open. Perceivers thrive with the unexpected and are open to change. They are spontaneous and often juggle several projects at once. They enjoy starting a task better than finishing it. Perceivers play as they work.

Adaptable

midway

Relaxed

Keep

Random

s options open

Care free

Procrastinates

Spontaneous

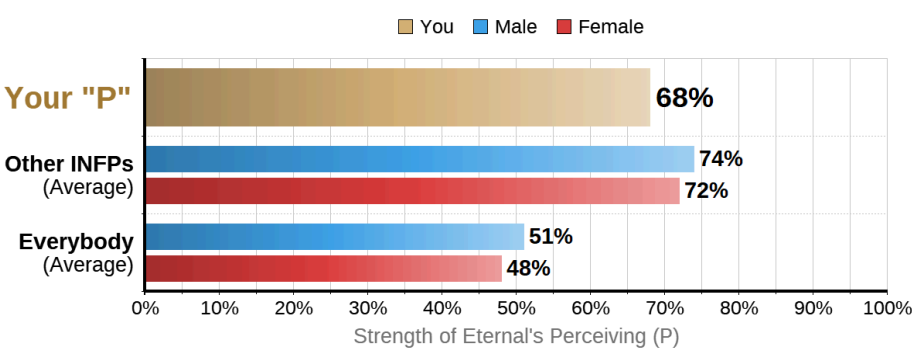
Dislikes

Changes tracks

routine

s

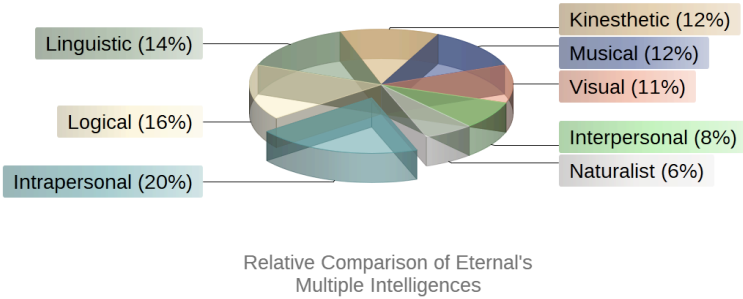
Flexible



Your Multiple Intelligences

Your top three intelligences are **Intrapersonal**, **Logical** and **Linguistic**.

Howard Gardner, a graduate of Harvard University and a developmental psychologist, developed the theory of Multiple Intelligences in 1986.



Gardner believes that intelligence, the way it has traditionally been understood (logically, as with I.Q. tests), does not explain the wide variety of human abilities. The theory of Multiple Intelligences suggests that we excel with different types of intelligence.

In addition to being logical and *Number Smart*, a person might also be *Word Smart*, *People Smart* or *Picture Smart*. Gardner has identified several intelligences: Verbal/Linguistic, Logical/Mathematical, Visual/Spatial, Bodily/Kinesthetic, Musical, Intrapersonal, Interpersonal and Naturalist.

Your Intrapersonal Intelligence

Your Intrapersonal Intelligence is moderately strong. See how you compare to other INFPs and the general population.

About Intrapersonal Intelligence

People with intrapersonal intelligence are adept at looking inward and figuring out their own feelings,

motivations and goals. They are quintessentially introspective. They analyze themselves and seek understanding. People with intrapersonal intelligence are intuitive and usually introverted. They learn independently and through reflection.

Philosophy, psychology and theology are often of interest to people with intrapersonal intelligence. They enjoy journaling because it helps them learn about themselves. They are also good at helping others understand themselves. They are able to predict the reactions of themselves and others.

"No one ever told me that grief felt so like fear." — C. S. Lewis

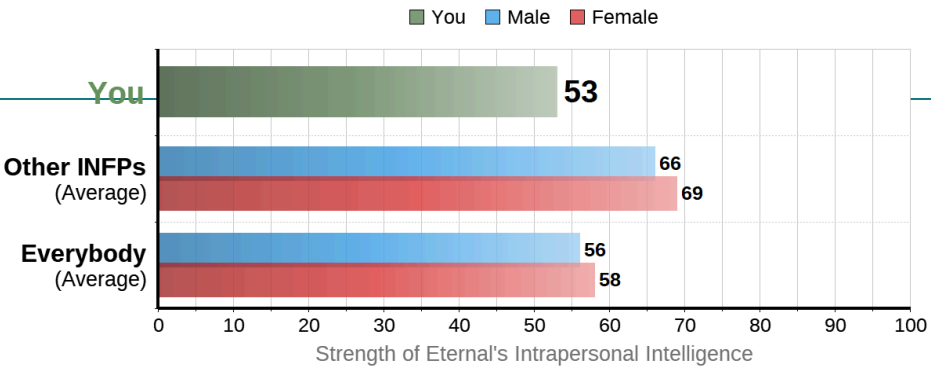
Characteristics of Intrapersonal Intelligence

Intuitive	Likes to learn about self	Enjoys journaling	Usually introverted
Self-aware	Philosophical	Works well alone	Interested in self-employment
Spends time reflecting	Independent		

Possible Careers for High Intrapersonal Intelligence

Entrepreneur	Inventor	Psychologist	Writer
Farmer	Librarian	Scientist	
Historian	Philosopher	Theologian	

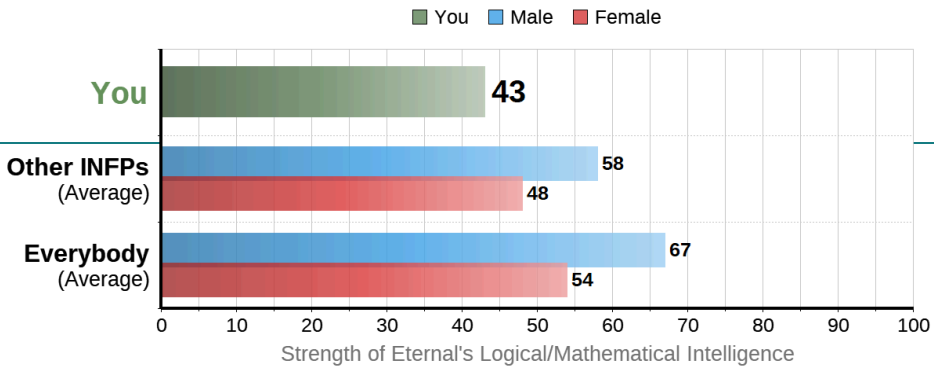
Your Logical/Mathematical Intelligence



Logical/Mathematical is not one of your primary intelligences. A comparison of your score with others is represented in this chart.

About Logical/Mathematical Intelligence

People with Logical intelligence process information through logic and reason. They are attracted to investigation by means of the scientific method. They do well with quantitative methods that rely on the researcher's ability to observe and reach a verifiable conclusion.



They dislike nebulous assumptions and subjective analysis. Instead, they trust hard facts and numerical data. They seek accuracy and precision in their learning and work. Their mind is complex and works like a computer. Logical Intelligence thrives on mathematical models, measurements, abstractions and complex calculations.

"A good designer must rely on experience, on precise, logic thinking; and on pedantic exactness. No magic will do." — Niklaus Wirth

Characteristics of Logical Intelligence

Rational	Likes numbers	Factual	Appreciates science
Objective	Seeks precision	Logical	
Good at strategy games	Grasps complex data	Good at math	

Possible Careers for High Logical Intelligence

Accountant	Engineer	Lawyer/Attorney	Military Officer
Computer Programmer	Financial Planner	Mathematician	Scientist
		Medical Doctor	Technical Writer

Your Verbal/Linguistic Intelligence

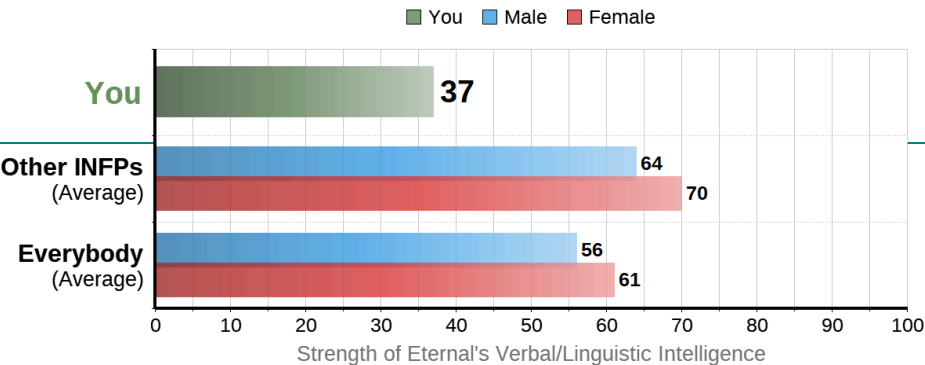
Verbal/Linguistic is not one of your primary intelligences. The strength of your Linguistic intelligence is graphed below.

About Verbal/Linguistic Intelligence

People with Linguistic intelligence love words. They enjoy reading and writing. Linguistic people are often gifted at learning languages. They appreciate the complexities of sentence structure, word structure, meaning and sound. They savor convoluted words and are quick at learning them. They possess rich vocabularies.

School is an area in which people with Linguistic intelligence often do well. They enjoy lectures and taking notes. They also have the ability to teach others and communicate complex concepts. People with Linguistic intelligence are adept at communicating through the written word and seek to hone their skills.

"A poet is, before anything else, a person who is passionately in love with language." — W. H. Auden



Characteristics of Linguistic Intelligence

- | | | | |
|------------------|--------------------------|-----------------------|--------------------------|
| Enjoys writing | Enjoys word games | Remembers quotes | Enjoys foreign languages |
| Good at editing | Speaks of what they read | Likes puns and rhymes | Loves English class |
| Avid Reader | | | |
| Uses fancy words | | | |

Possible Careers for High Linguistic Intelligence

- | | | | |
|----------------|-------------------------|--------------------|------------------------|
| Copywriter | Journalist | Speech Pathologist | Translator/Interpreter |
| Court Reporter | Lecturer | Teacher | Writer |
| Editor | Broadcaster/News caster | | |

Your Bodily/Kinesthetic Intelligence

Bodily/Kinesthetic is not one of your primary intelligences. Your score along with the averages of others is represented below.

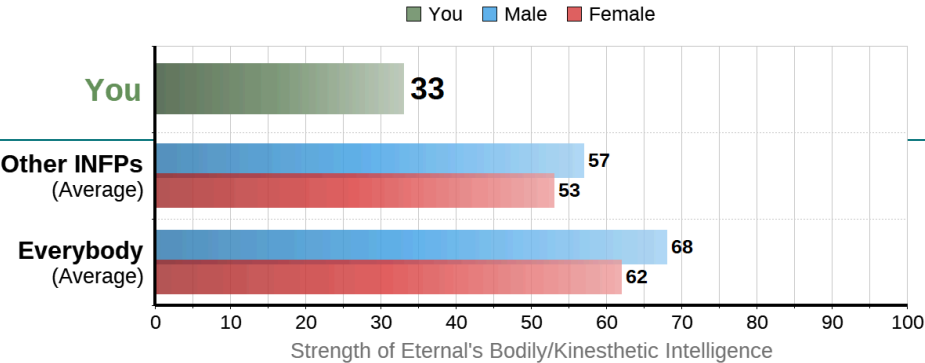
About Bodily/Kinesthetic Intelligence

People with Kinesthetic intelligence learn through movement and experimentation. They enjoy sports and

activities that require physical exertion and mastery. Some Kinesthetic people enjoy the artistic side of movement such as dance or any kind of creative movement. These artistic types enjoy acting and performing in front of an audience.

People with Kinesthetic intelligence enjoy building things and figuring out how things work. They like to use their hands and are very active. They have excellent motor skills and coordination. They are very physical and are keenly aware of their bodies.

"Coming from a farming background, I saw nothing out of the ordinary in running barefoot, although it seemed to startle the rest of the athletics world." — Zola Budd



Characteristics of Kinesthetic Intelligence

Learns by doing	Good with hands	Seeks excitement	Energetic
Well-coordinated	Enjoys sports	Very active	Enjoys the outdoors
		Crafty	Athletic

Possible Careers for High Kinesthetic Intelligence

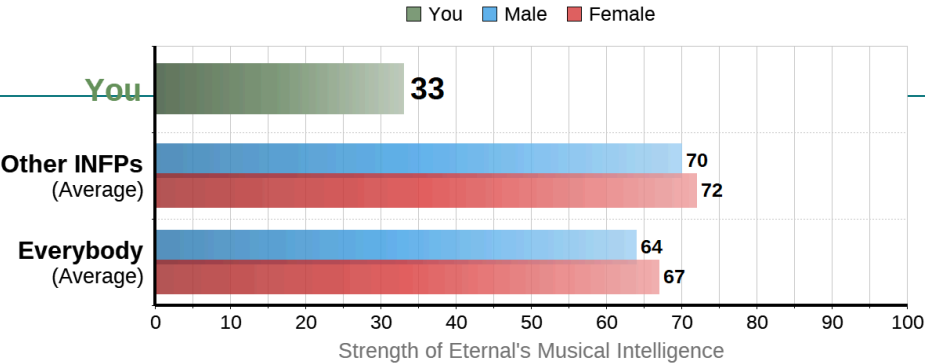
Actor/Actress	Construction Worker	Firefighter	Paramedic/EMT
Athlete	Farmer	Park Ranger	Physical Therapist
Carpenter		Mechanic	

Your Musical Intelligence

Musical is not one of your primary intelligences. You can compare your score with the averages of others below.

About Musical Intelligence

People with Musical intelligence recognize sounds and tones with ease. They appreciate music and rhythm. They have a "good ear" for music and can easily learn songs and melodies. They notice when someone is singing off-key. People with musical intelligence are good at imitating sounds or other people's voice or intonation.



Rhythm and music can be a way for them to memorize concepts. Some people with musical intelligence are especially gifted at composing, singing or playing an instrument. They often have a song running through their head. They often learn well through lectures since they are highly auditory.

"If a composer could say what he had to say in words he would not bother trying to say it in music." — Gustav Mahler

Characteristics of Musical Intelligence

Highly auditory	Notices off-key notes	Whistles or taps foot	Gifted at composing
Can memorize songs	Enjoys different sounds	Talented with instruments	Sensitive to noise
Has good rhythm	Likes to sing		

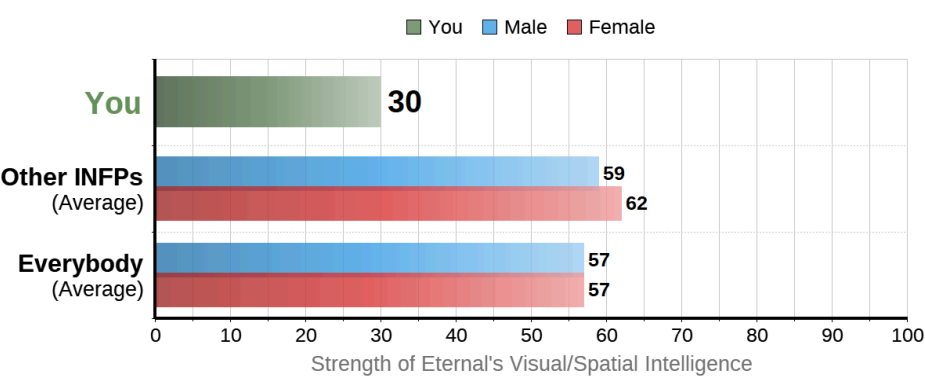
Possible Careers for High Musical Intelligence

Choir Director	Disc Jockey	Record Producer	Songwriter
Composer	Music Teacher	Singer	Studio Technician
Conductor	Musician		

Your Visual/Spatial Intelligence

Visual/Spatial is not one of your primary intelligences. View your score below along with a comparison of averages by gender.

People with Visual/Spatial intelligence are very aware of their surroundings and are good at remembering images. They have a keen sense of direction and often enjoy maps. They have a sharp sense of space, distance and measurement.



People with Visual intelligence learn well through visual aids such as graphs, diagrams, pictures and colorful displays. They usually enjoy visual arts such as drawing, painting and photography. They can visualize anything related to art, fashion, decoration and culinary design before creating it.

"I think I understand something about space. I think the job of a sculptor is spatial as much as it is to do with form." — Anish Kapoor

Characteristics of Visual Intelligence

Notices colors and shapes	Enjoys geometry	Appreciates books with pictures	Remembers places vividly
Can visualize anything	Loves to draw and paint	Good with directions	Good at artistic composition
Good at visual puzzles	Enjoys photography		

Possible Careers for High Visual Intelligence

Architect	Computer Animator	Graphic Designer	Photographer
Art Director	Fashion Designer	Interior Decorator	Video Editor
Artist			Web Designer

Your Interpersonal Intelligence

Interpersonal is not one of your primary intelligences. See how you compare to other INFPs and everybody else.

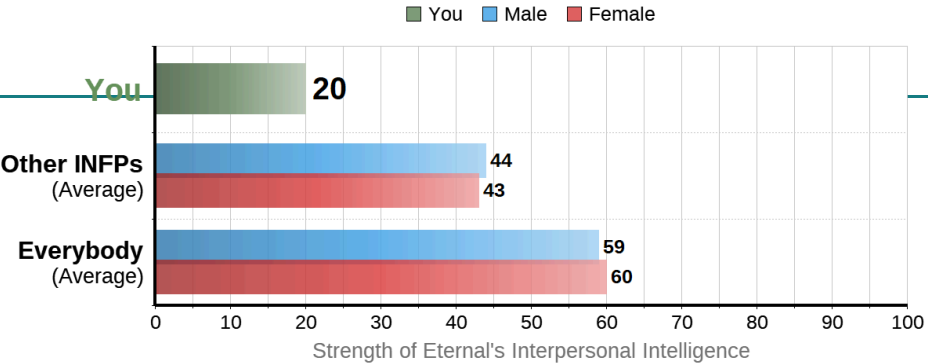
About Interpersonal Intelligence

People with Interpersonal intelligence thrive with social interaction. They are gifted at establishing

rapport with strangers and make friends easily. They are adept at reading, empathizing and understanding others. People with Interpersonal intelligence work well with others and often have many friends. They are masters at collaboration.

Interaction, dialogue and lively discussions are ways in which people with Interpersonal intelligence learn. They are enthusiastic and lively. Others often seek them out for advice, help and comfort. They are good at making others feel welcome and often reach out to outsiders. They are inclusive of others. *The more the merrier.*

"I'm more interested in interpersonal relationships—between lovers, families, siblings. That's why I write about how we treat each other."
— Terry McMillan



Characteristics of Interpersonal Intelligence

Extraverted	Empathetic	Enjoys team sports	Sensitive to others
Enjoys social events	Enjoys teaching others	Counsels others	
Loves crowds	Has many friends	Loves meeting new people	

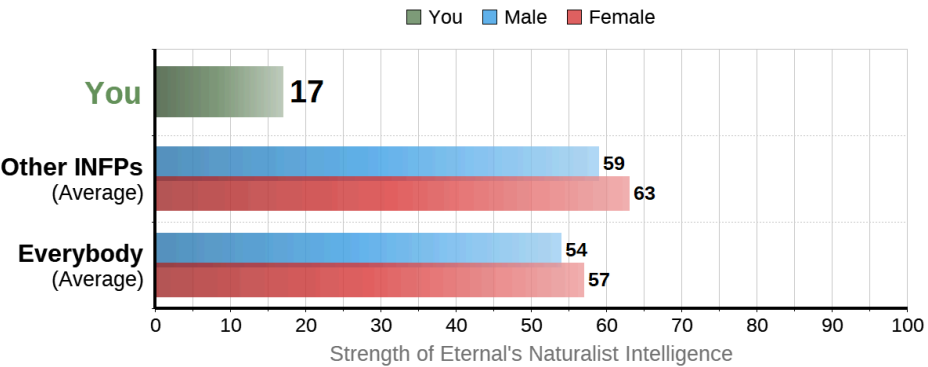
Possible Careers for High Interpersonal Intelligence

Clergy	Diplomat	Public Relations	Sales Agent
Counselor	Politician	Receptionist	Social Worker

Your Naturalist Intelligence

Naturalist is not one of your primary intelligences. The strength of your Naturalist intelligence is shown on this chart.

People with Naturalist intelligence have a sensitivity to and appreciation for nature. The Naturalist intelligence focuses on how people relate to their natural



surroundings. Naturalists have a special ability to grow plants, vegetables and fruit. They have an affinity for animals and are good at training and understanding them.

Naturalists can easily distinguish patterns in nature. They are aware of and intrigued by weather phenomena. They are good at discovering the wonders of nature. Naturalists love to walk, climb, camp and hike. They enjoy the outdoors. People with Naturalist intelligence are inspired and rejuvenated by nature.

"Earth and sky, woods and fields, lakes and rivers, the mountain and the sea, are excellent schoolmasters, and teach some of us more than we can ever learn from books." — John Lubbock

Characteristics of Naturalist Intelligence

Notices natural patterns	Comfortable with animals	Appreciates scenic views	Aware of weather changes
Learns through natural contact	Good at gardening	Inspired by nature	
Upset by pollution	Appreciates plants	Enjoys outdoor activities	

Possible Careers for High Naturalist Intelligence

Animal Trainer	Breeder	Farmer	Park Ranger
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Geologist

Landscape

Veterinarian

Horticulturist

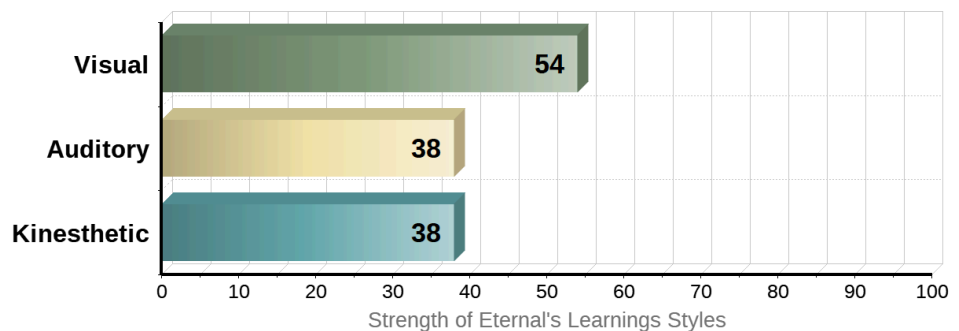
Marine Biologist

Zookeeper

Your Learning Styles

Discover how you learn by **hearing**, **seeing** and **doing**.

Learning Styles is a theory that suggests people learn better using different methods of learning. We perceive information using our senses. The three most



practical senses in learning environments are sight, hearing and touch. The VAK model categorizes these sensory methods of learning as Visual (V), Auditory (A) and Kinesthetic (K) learning styles.

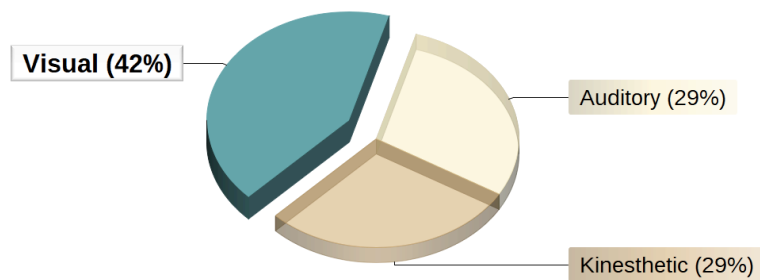
While most people have a dominant learning style, nobody has just one learning style. Everyone uses each of the learning styles to some degree. Some are stronger in one style while others have even strength in all styles. The reality is that we all have a custom "learning style" that is, in varying degrees, a combination of Visual, Auditory and Kinesthetic learning.

It is useful to know the strength of your learning styles as they relate to each other. This allows you to focus on maximizing your learning potential. Recognizing your strengths also helps you to seek learning opportunities that cater to your combination of learning style strengths. In recent years, many educators have started using knowledge of Learning Styles (and Multiple Intelligences) to improve teaching methods in order to reach learners of all types

Visual Learning and You

Visual is your primary learning style.

Visual style is learning by *seeing*. You learn visually whenever you gain information from sight. This includes more than just the viewing of pictures and your surroundings. Visual learning also encompasses the written word.



Visual in Relation to Eternal's Other Styles

Visual learners benefit greatly from teaching that utilizes illustrations, charts, diagrams, videos, etc. They often feel a need to convert spoken instruction into visual form by taking notes.

Characteristics of a Visual Learner

- Good at remembering people's faces
- Accurately recognizes body language and facial expressions
- Able to picture things in their mind
- Good at taking notes in the form of text and doodles
- Comprehends visual information such as charts, graphs and diagrams

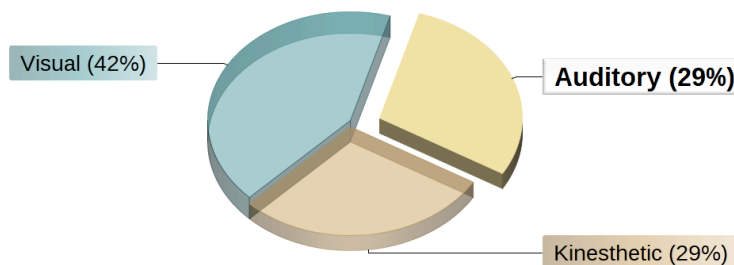
- Recalls appearances with ease
- Appreciates pictures and illustrations in books
- Enjoys learning from video presentations
- Learns well from flash cards
- Notices visual details that others might miss

Auditory Learning and You

Auditory is your secondary learning style.

Auditory style is learning by *hearing*. This type of learning is helpful in the classroom environment.

During a lecture, an auditory learner is able to easily comprehend, process and retain information.



Auditory in Relation to Eternal's Other Styles

Auditory learning is not only the ability to listen to spoken word and interpret tone, but to do so with a high level of accuracy and efficiency. Learners with strong auditory ability are able

to hear and comprehend without missing much.

Characteristics of a Auditory Learner

Good at remembering people's names
Recalls spoken information with ease
Aware of and easily distracted by sounds
Enjoys listening to audio books and storytelling
Often skilled at speaking

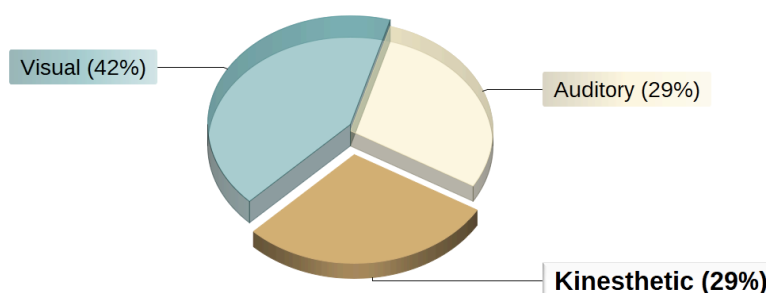
Prefers classes in lecture format
May record lectures to hear again later
Benefits from reading out loud
Enjoys rhymes and rhythmic pattern in language
Benefits from group discussions

Kinesthetic Learning and You

Kinesthetic is your least preferred learning style.

Kinesthetic style is learning by *doing*. You learn in this manner whenever you capture

new information through the process of physical activity. It is often referred to as a hands-on learning experience.



Kinesthetic in Relation to Eternal's Other Styles

Consider how you learned to ride a bicycle. You learned by getting on a bike to experience and practice balancing, steering and pedaling. This experience ultimately taught you how to ride.

Characteristics of a Kinesthetic Learner

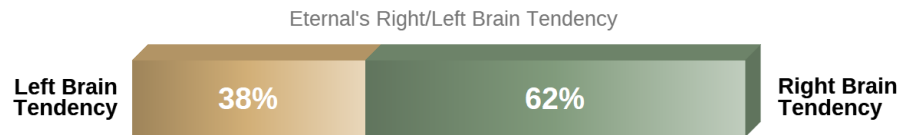
Good at learning through hands-on experience
Often bored with traditional textbook learning
Likes to move around and explore their environment
Usually enjoys athletics and physical education
Likes to touch objects and people

Would rather participate than watch
Appreciates opportunities to go on field trips
Gets satisfaction from building with their hands
Enjoys classes with physical experiments
Can become restless without physical activity

Your Brain Hemispheres

This chart illustrates that you are **right-brained** and to what extent.

There are two sides of your brain known as hemispheres. Your left hemisphere controls the right side of your body and deals with logical thought and language. Your right hemisphere controls the left side of your body. It handles abstract thought and spatial orientation.



Neuropsychologist Roger W. Sperry developed the right brain – left brain theory in 1960. He believed that the human brain is right or left side dominant and that each side of the brain controls different types of thinking. Some individuals utilize both sides of their brains equally (all use both to some degree) but most people have a greater tendency to think in a certain way.

The majority of people are left brain dominant. Although the typical school environment in modern times tends to favor left brain thinkers with expectations of logical thought and practical action, right brain thinkers who tend to be more imaginative and "outside the box" are equally valuable. Interestingly, right brain dominant people are often left-handed (since each hemisphere controls the opposite side's hand) which coincides with right brain dominant people being less common (as left-handed people are less common).

Understanding the right brain – left brain theory helps you understand yourself better. It improves your ability to study, learn and process information. It also informs you about the reasons why you prefer certain activities or have certain interests.

Left Brain Characteristics

Logical	Realistic	Strategic	Likes Reason
Linguistic	Sequential	Knows	Likes Science
Practical	Analytical	Likes Math	Critical Thinking

Right Brain Characteristics

Intuitive	Random	Recognizes	Likes Music
Creative	Appreciates	Faces	Likes Art
Imaginative	Believes	Expresses	Sees the "Big
Idealistic		Emotions	Picture"

The Enneagram

The Enneagram is a model of personality that describes nine different types of people. Each type is represented by a number from one to nine, and each type has its own unique set of characteristics and traits. The Enneagram is based on the idea that people have a core type, which is determined by their unique combination of emotions, thoughts, and behaviors. This core type influences how they perceive the world and interact with others.

The Enneagram is often used as a tool for self-discovery and personal growth. By understanding their own Enneagram type, people can gain insight into their motivations, fears, and desires. This can help them to understand their own behavior and make positive changes in their lives. Additionally, the Enneagram can be useful for improving communication and relationships with others, as it provides a framework for understanding why people behave the way they do.

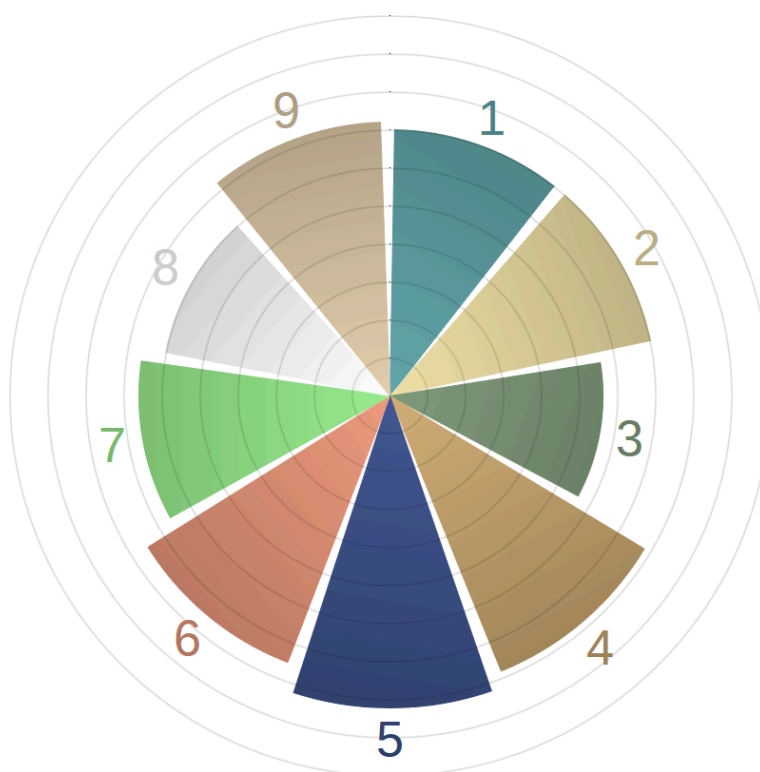
Your Enneagram Test Results

The Enneagram identifies nine different personality types, each represented by a number from one to nine. The types are referred to by their number, so someone who is a "Three" is said to have a Three personality type. Each type has its own set of characteristics and traits, and people are thought to have a core type that influences how they perceive the world and interact with others.

The nine Enneagram types are as follows:

- **Type One** is the Perfectionist, who is organized and conscientious.
- **Type Two** is the Helper, who is empathetic and generous.
- **Type Three** is the Achiever, who is ambitious and adaptable.
- **Type Four** is the Individualist, who is creative and self-aware.
- **Type Five** is the Investigator, who is analytical and detached.

- **Type Six** is the Loyalist, who is responsible and security-oriented.
- **Type Seven** is the Enthusiast, who is spontaneous and versatile.
- **Type Eight** is the Challenger, who is self-confident and assertive.
- **Type Nine** is the Peacemaker, who is easy-going and receptive.



Your results indicate that you are most likely a Type 5

The Enneagram divides the nine personality types into three triads, each consisting of three types. The triads are grouped based on their common core motivations and emotional experiences. The three triads are as follows:

The 9 Types of the Enneagram

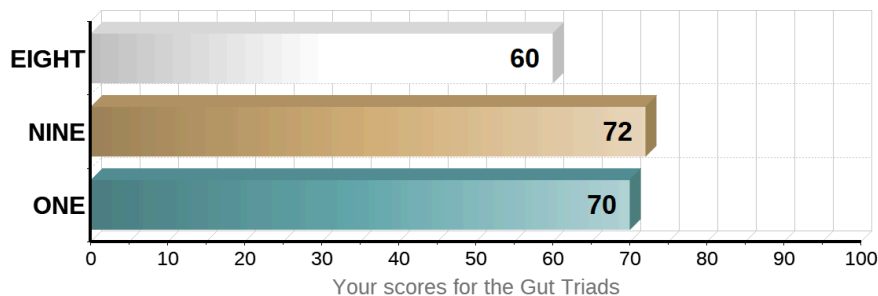
Each of the nine types of the Enneagram has its own driving force, which is centered around a particular emotion. Some types experience strong emotions, while other types aim to avoid emotions in one form or another. However, whether running from emotions or diving into them, each type describes some aspect of emotional experience.

The nine types of the Enneagram are commonly divided into three groups of three types each: Body Types, Head Types, and Heart Types. Each of these groups is considered to be driven by a particular center of intelligence and a particular core emotion.

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Gut Triad

The Gut Triad consists of the Eight, Nine, and One types. These types are motivated by a desire for security and a sense of control. They tend to be strong-willed and assertive, and they often struggle with anger and anxiety.



Type Eight 60%

The Enneagram Type 8, also known as the Challenger, is motivated by a desire for authority and control. Type 8s are self-confident and assertive, and they value their independence. At their best, they are full of vitality and able to protect those they care about. At their worst, they can be closed off and unwilling to trust others. They are typically workaholics who prefer to be in charge, and they can make excellent leaders when given the opportunity.

Type Nine 72%

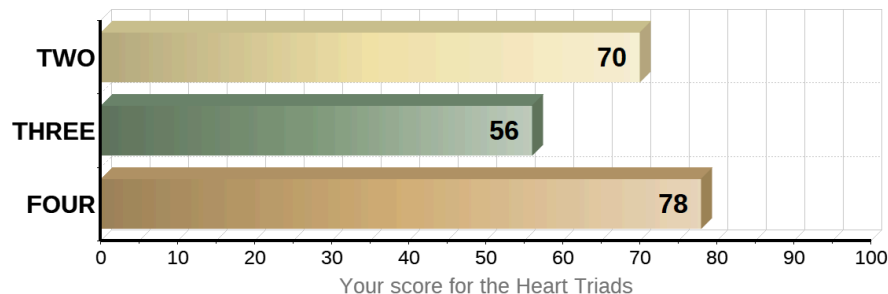
The Enneagram Type 9, also known as the Peacemaker, is motivated by a desire for peace and harmony. Type 9s are gentle and amiable, and they focus on others rather than themselves. They are skilled mediators who can see arguments from multiple perspectives and identify areas of agreement. They are also optimistic, dependable, and kind. However, they can struggle with dissociating from their own emotions and may occasionally express them in bursts or repressed forms.

Type One 70%

The Enneagram Type 1, also known as the Perfectionist, is motivated by a desire to improve the world and has a strong sense of justice. Type 1s are responsible, serious-minded individuals who are always looking for meaning in life. They are idealists who try to bring order to chaos, and they are constantly trying to improve things. They are moral, devoted, and trustworthy people who want to live according to their values without making mistakes.

Heart Triad

The Heart Triad consists of the Two, Three, and Four types. These types are motivated by a need for connection and validation. They tend to be emotional and sensitive, and they often struggle with shame and self-doubt.



Type Two | 70%

The Enneagram Type 2, also known as the Helper, is focused on relationships and is skilled at empathizing with others. Type 2s often alter their behavior to win the approval of those around them, and can be overly dependent on others for validation. They may repress their own emotions and needs in order to please others, and they may experience emotional turmoil as a result. They can be positive, vivacious, and sociable, but these traits can sometimes mask underlying sadness. They may also take on the role of martyr in order to win others over, sacrificing their own needs and goals in the process.

Type Three | 56%

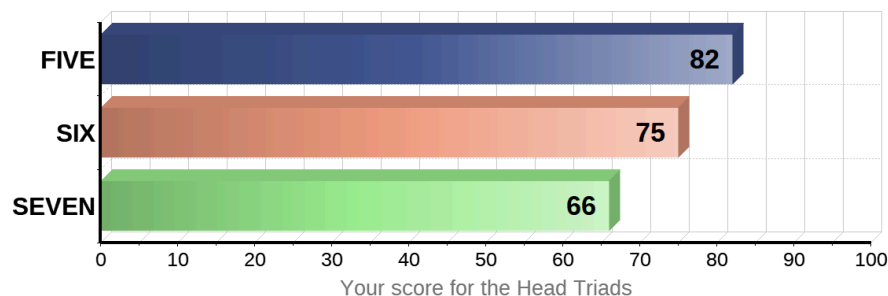
The Enneagram Type 3, also known as the Achiever, is driven to succeed and be recognized by others. Type 3s are extremely productive and are capable of doing massive amounts of work to achieve their goals. They value their image and are drawn to the finer things in life. They may become overly competitive or workaholic in their pursuit of success, and they may repress their own emotions in order to maintain their image and continue working towards their goals.

Type Four | 78%

The Enneagram Type 4, also known as the Individualist, is a creative and self-aware individual who is driven by a need to understand themselves better. Type 4s are known for their unique perspective and style, and they are often drawn to creative pursuits. However, their introspection can sometimes turn into self-absorption, and they may feel flawed or out of place as a result.

Head Triad

The Head Triad consists of the Five, Six, and Seven types. These types are motivated by a need for knowledge and understanding. They tend to be intellectual and independent, and they often struggle with fear and indecision.



Type Five 82%

The Enneagram Type 5, also known as the Investigator, is an analytical and independent individual who is deeply interested in gaining knowledge and understanding the world around them. Type 5s are good at spotting patterns and synthesizing ideas, but may be prone to getting lost in their own thoughts and can be introverted. They may have difficulty with socializing and maintaining personal relationships, and may withdraw from others to protect themselves when feeling overwhelmed.

Type Six 75%

The Enneagram Type 6, also known as the Loyalist, is a devoted and responsible person who craves a sense of community and support. Type 6s are loyal and dependable friends when they find people they trust, but they fear being without support and constantly worry about disaster. They may be indecisive and struggle with anxiety, either avoiding situations that make them anxious or actively taking risks to confront their fears. The healthiness of their approach depends on the individual.

Type Seven 66%

The Enneagram Type 7, also known as the Enthusiast, is a carefree optimist who enjoys new experiences and is outgoing and friendly. Type 7s are always ready for adventure and make friends easily, but they may prioritize having a good time over everything else. They may also use pleasure as a way to avoid negative emotions, which can be counterproductive and harmful.

Type 5 in Depth

Your test results indicate that your dominant Enneagram type is a Type 5.

In this section, we will explore the Type 5 in detail, examining how it influences your core emotions, fears, and desires and how it affects your relationships.

As a Type 5, you are often referred to as the "Investigator" of the Enneagram. You are known for your inquisitive and independent nature, as well as your desire to expand your understanding of the world through knowledge and analysis. You are skilled at noticing patterns and synthesizing ideas, but you may also become easily caught up in your own thoughts, leading to a tendency towards introversion.

It can be challenging for you to socialize and manage personal relationships, as you may find the demands others place on your time and energy overwhelming. You may also have a tendency to intellectualize your emotions, which can make it difficult for you to communicate and form strong connections.

As a result, you may withdraw from others in order to protect yourself, which can come across as aloof and detached. Overall, it's important for you to find a balance between your desire for independence and the importance of social connections and relationships.

Personality Traits

As a Type 5, you are known for your curiosity and desire to learn more. You are thoughtful and perceptive, able to think things through and come up with insightful conclusions.

Even in stressful situations, you tend to remain cool-headed and level-headed. You also tend to be introverted and prefer to spend time alone with your thoughts. You may also be somewhat withdrawn, preferring to stay invisible until you feel ready to reveal yourself.

Additionally, you are generally competent and attentive to details, making you skilled at picking up new skills. These traits make you a deep thinker and independent learner, with a strong focus on knowledge and understanding.

Motivations

As a Type 5, your core fear is feeling useless, incompetent, and overwhelmed. You may have an aversion to having demands placed on you by others because you fear being unable to meet those demands or because you fear that the drain on your time and resources will prevent you from pursuing the intellectual pursuits that you value.

Your core desire, on the other hand, is the accumulation of knowledge. You are motivated by a need to feel competent in all situations and to have a deep understanding of the world around you. You seek to expand your knowledge and understanding in order to feel more confident and capable.

These fears and desires can shape your behavior and how you approach new situations and challenges. It's important for you to find ways to balance your desire for knowledge and understanding with your fear of feeling overwhelmed and incompetent.

Strengths and Weaknesses

As a Type 5, you have many strengths that make you a unique and valuable individual. You are highly self-sufficient and thrive when given the opportunity to follow your own intellectual pursuits. Your love of learning and desire to acquire new knowledge make you great at research and allow you to constantly develop new areas of expertise and skills. You are known for your analytical thinking and ability to maintain objectivity, even in situations where others might let their emotions get in the way.

Despite your tendency towards solitude, those who get to know you well will find that you are loyal and supportive of your loved ones. However, it's important to find a balance in your desire for solitude. If you take it too far, you may become socially withdrawn and find it difficult to engage with others. Your tendency to intellectualize everything can also lead you to become detached from your own emotional life, making it difficult for you to recognize or name your own feelings and to forge strong, intimate connections with others. You may be resistant to vulnerability and may come across as arrogant or condescending due to your insistence on being logical in every situation.

It's important for you to find a balance between your analytical approach and your emotional needs, and to be mindful of how your actions and words may be perceived by others.

Type 5s in Growth and Stress

As a Type 5, it's important to be aware of how you may behave in times of growth and stress. When going through periods of growth, you may "move towards" Enneagram 8, the Challenger, and adopt some of their positive traits. This may include becoming more decisive and confident, pursuing your goals without concern for setbacks or imperfect circumstances, inspiring others with your purpose-driven leadership, and being more in touch with your own emotions and able to open up to others. While you will always remain a Type 5 at your core, incorporating these positive traits of a Type 8 can help you grow and develop in healthy ways.

On the other hand, when you are under stress, you may begin to mimic the negative behavior patterns of an unhealthy Enneagram 7, the Enthusiast. This may include abandoning long-term goals in favor of pleasure-seeking and instant gratification, making impulsive decisions without considering consequences, coping with stress through hoarding and excessive consumption of stimuli, and withdrawing from your emotions and social relationships.

It's important for you to be aware of these tendencies and to find healthy ways to cope with stress in order to maintain your well-being and growth.

Instinctual Variants

As a Type 5, you may have one of the three instinctual variants: self-preservation (SP), social (SO), or sexual (SX). These instincts influence your motivations and behaviors in different ways.

If you have the self-preservation (SP) instinct, you are likely the most introverted and retreating of the Type 5s. Your drive for self-preservation expresses itself in a need for clear boundaries between yourself and others, and you may fear that the outside world is hostile and unsatisfying to you. You may create a haven for yourself to retreat to when you feel threatened, and you may become so accustomed to solitude that the thought of re-engaging with the world makes you anxious. You may also have difficulty processing and expressing your emotions, and you may cope with unpleasant emotions by retreating, hiding, or keeping quiet.

If you have the social (SO) instinct, your need for community is transformed into a need for connection with extraordinary ideas. You may seek out knowledge from individuals who share and exemplify your ideals, rather than seeking close interpersonal relationships with your peers. You may admire these individuals from a distance or in a professional setting, fulfilling your need to be part of something extraordinary through your engagement with their ideas rather than the people themselves. However, you may also risk becoming disenchanted with daily life and disdainful of the ordinary as you search for meaning and try to escape your fear of living a purposeless life.

If you have the sexual (SX) instinct, you seek to connect with the world through your ideals, which are grounded in the pursuit of perfect romantic connection. You are the most in touch with your emotions of all the Type 5s, and you yearn to share them with an idealized partner. However, your exacting standards may make it difficult for you to find and maintain relationships, and you may create idealized versions of your partners in your head, which can lead to disappointment when they inevitably fall short of your expectations. You may also

struggle with intimacy due to your tendency to retreat into your own thoughts to protect yourself from hurt when you feel that trust has been betrayed.

Healthy vs. Unhealthy Type 5s

As a Type 5, it's important to be aware of how your behavior and mindset may change as you move along the spectrum of health.

When you are healthy, you may pursue a wide range of interests with insatiable curiosity and excitement, feel confident in your abilities, and be able to solve impossible problems and produce brilliant, original work. You may also be able to communicate and share your ideas with others easily, leaving room for diplomatic debate and discussion.

At an average level of health, you may become caught up with planning and preparing for the perfect time to take action, become preoccupied with delving into your subjects of choice, and detach from reality and become engrossed in the world of the mind. You may also become defensive of your ideas and combative when you feel others are trying to interfere with your work.

At an unhealthy level, you may retreat into increasingly radical ideas and react with hostility when your ideas are challenged. You may feel crippling doubt about your ideas and become obsessed with maintaining a sense of intellectual superiority. You may also become detached from your emotions and the emotions of others, and withdraw from the social world, rejecting people and severing social attachments.

It's important to be aware of these tendencies and to work on finding a balance and maintaining a healthy level of functioning.

Growth Recommendations

As a Type 5, it's important to make an effort to prioritize your relationships and make room for trusted friends in your life. This may mean seeking out the company of others and leaning into your relationships, even if it feels uncomfortable or vulnerable.

It's also important to be picky about the projects you take on and to ask yourself whether they contribute to your well-being. It's okay to say no to things that may not be a good fit for you or that may leave you overworked and overextended.

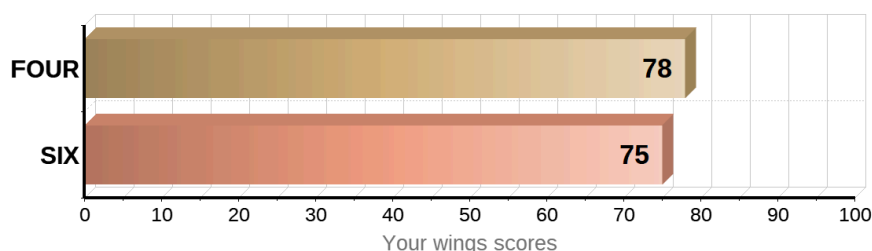
It's also important for you to schedule in downtime and find soothing strategies that work for you to help you unwind. This might include physical exercise, deep breathing, and meditation.

Remember that not everything can be approached with logic, and it's important to cultivate emotional understanding as well as intellectual understanding. Approach your own emotions and the emotions of others with kindness and try to get in touch with your feelings in a healthy way.

Your Wing Expression

The enneagram wings are the numbers next to your core type. Even though they are contradictory, the person may have various traits.

This means that Type Fives may have either Type Four or Type Six wings.



You seem to be a Type 5 Wing 4.

As a 5w4, you are passionate about truth and beauty and may have a sensitive and creative nature. You may also tend towards self-reflection and may have a positive outlook, although you may become despondent if you feel overwhelmed by the demands of the outside world. You may be less interested in social interactions than 5w6s, who tend to depend more on others. You may also find it difficult to share and express the deep emotions that you feel, due to your reserved 5 type. It's important for you to find healthy ways to process and express your emotions, and to seek support when you need it.

Careers for a Type 5

As a Type 5, you may thrive in careers that challenge you to make ground-breaking discoveries, give you ample opportunity to grow as an individual, and allow you to contribute to the greater good. Your ability to see things with fresh eyes may make you well-suited for roles that involve coming up with new tools, finding improvements, and improving efficiency. You may not respond well to external pressure and may do best when given creative freedom and allowed to pursue your ideas to their conclusion.

Some careers that may be well-suited for Enneagram 5s include engineering, system analysis, writing, psychology, data analysis, librarianship, and teaching. If you are interested

in any of these fields, you may want to consider pursuing them as a career. Remember that it's important to find a career that aligns with your values and interests, and that allows you to use your unique strengths and abilities.

Compatibility With Other Types

Most compatible with:

As a Type 5, you may find that you have a strong compatibility with Type 1, the Perfectionist, and Type 2, the Helper.

Type 1s and 5s have many similarities, including a reluctance to express their emotions directly and an insistence on rationality. Both types are idea-oriented, but while Type 5s are interested in mental puzzles, Type 1s prefer for their ideas and philosophies to have practical implications. In a relationship between these two types, Type 5s may admire their Type 1 partners for their ability to think for themselves, their curiosity, and the passions that they share. Meanwhile, Type 1s may find solace in a Type 5's lack of judgment and their stability. This can create a strong foundation of trust and reliability within the partnership.

Type 2s and 5s may have different ideas about what matters in life and in a relationship, but rather than finding these differences alarming, this pair may find the mystery of the other very appealing. Type 2's laid-back demeanor may encourage their Type 5 partner to be more gregarious and at ease with themselves, while the Type 5's focused intent on the task at hand may motivate the enamored Type 2 to give their full attention to whatever they are trying to accomplish. This dynamic can create a harmonious balance within the relationship.

It's important to remember that compatibility is not the only factor to consider when building a relationship with someone. It's important to have shared values and to communicate openly and honestly with your partner. Regardless of your Enneagram type, it's possible to have a fulfilling and healthy relationship with someone who is compatible, as well as with someone who may not be a traditional "match" based on Enneagram type.

Least compatible with:

As a Type 5, you may find it difficult to connect with and understand the emotional needs of a Type 4. You may feel overwhelmed by their need for emotional intimacy and physical closeness, as you prefer to keep your distance and maintain your independence. This can lead to misunderstandings and hurt feelings in the relationship. It may be challenging for you to express your own emotions, which can make it hard for your Type 4 partner to feel

understood and supported. On the other hand, your Type 4 partner may feel that you are not invested in the relationship and don't care about their needs. It's important to try to understand each other's needs and make an effort to communicate and connect in a way that works for both of you. It may be helpful to seek the guidance of a therapist or coach to learn how to navigate these challenges and strengthen your relationship.

Conclusion

As a Type 5, or Investigator, you are an analytical and deep-thinking individual who is highly curious and loves to acquire knowledge. You approach new information in a logical way and are skilled at noticing patterns and synthesizing ideas. You tend to be introverted and may struggle with socializing or maintaining personal relationships. You may also find it difficult to communicate and forge strong connections due to your tendency to intellectualize your emotions. To protect yourself from feelings of overwhelm, you may withdraw from others, appearing aloof and detached as a result.

To make the most of who you are, try to lean into your relationships and seek out the company of others. You may find it hard to commit to relationships, but the right people will enrich your life rather than limit it. Don't be afraid to ask for help when you need it and embrace the discomfort of vulnerability. It's important to schedule in downtime and find soothing strategies, such as physical exercise, deep breathing, and meditation, that help you unwind. Remember that not everything can be approached with logic and try to cultivate emotional understanding as well as intellectual understanding.

In terms of career, Enneagram 5s thrive in roles where they can make groundbreaking discoveries, have ample opportunity to grow, and contribute to the greater good. Some suitable careers for Type 5s include engineering, system analysis, writing, psychology, data analysis, librarianship, and teaching. In terms of compatibility with other Enneagram types, Type 5s are most compatible with Type 1, the Perfectionist, and Type 2, the Helper. They may have conflicts with Type 4, the Individualist, due to incompatible needs and a lack of understanding of each other's emotions and needs.

Your Personal Development

Gain insights into your personal **relationships**, **work** and **learning**.

Your Learning

Your temperament is Visionary (NF). Visionaries often love the humanities. They enjoy subjects such as literature, language, psychology, art and religion. Their compassionate nature attracts them to topics that are related to helping others.

Visionaries thrive in affirming environments. They often seek the approval of their teachers. Learning is personal because the process of knowing is infused with their values and ideals. Their desire to learn is connected to their desire to express themselves and make a difference.

Your learning styles indicate that you learn best by pictures, illustrations, diagrams, charts, demonstrations, videos and visual presentations. This is your Visual learning style. Although you also learn by hearing and doing, seeing is your main mode of learning.

Personalized Learning Strategies

- Consider taking advantage of learning opportunities that will train you for work that allows you to help others.
- Seek educational opportunities that will foster your sense of idealism and creativity.
- Take advantage of education that allows you to work with independence and flexibility.
- Take advantage of visual learning by converting what you hear into note form. Use color coding, illustrations, diagrams and concept maps.
- Study areas of interest that you enjoy (increases motivation) and that you have a natural talent for.

Your Relationships

The essence of life is relationships. Individual success is closely related to interpersonal abilities. Knowing how your personality plays a role in relationships is crucial to living a fulfilling life.

Strategies for Your Relationships

- Read about how you can learn to be effective at dealing with conflict situations.
- Recognize and maximize your strengths with people including your ability to understand others.

Visionaries are caring, passionate and loyal. They seek genuine and authentic relationships and are affectionate with the people they love. Because they are sensitive to the needs of others and dislike conflict, they strive for win-win situations. They are generous with praise and like to receive recognition themselves. Others find them encouraging and supportive.

Visionaries look for opportunities to make a difference in other people's lives.

- Listen to criticism you receive and consider whether or not it is constructive.
- Focus on developing your listening and communication skills to a maximum. They are important elements in every relationship.
- Be yourself when pursuing a new romantic relationship. Otherwise, with time, your partner will perceive that you have changed.

In their romantic relationships, Visionaries look for a soulmate. They seek spouses that will relate to them on a deep level with plenty of warmth and affirmation.

Your Work and Career

Adults spend many hours at work. This reality is why career decisions are among the most important in life. Meaningful work experiences are energizing and fulfilling. Understanding how personality is connected to career satisfaction is important.

Visionaries bring valuable qualities to the workplace. They are intuitive, service-oriented and caring. One of their greatest strengths is their genuine concern for people. Their friendly and sensitive nature allows them to work well with others.

Their ability to decipher other people's feelings and intentions helps them to foster growth in their coworkers. Their constant quest for meaning makes them inspiring to work with. To Visionaries, their work must not simply be a job, but a *calling*.

Strategies for Your Work

- When pursuing a career, ask yourself if it is in line with your mission and purpose. Seek your calling.
- Focus on your work-related strengths including your adaptability and focus on the future.
- Seek positions that allow you the freedom to put your idealism into action.

- Use your Visual learning style to your advantage when learning new skills that will help you work better and further your career.
- When pursuing a career or position, choose one that matches your personality, talents and interests.

Your Career Matches

Earlier in your report, general career matches were shown for your personality type, temperament and intelligences. Listed below are careers related specifically to *your personal results* across many categories (**top matches in bold**). Keep in mind that these are only suggestions. There are other careers that you might enjoy.

Activist	Engineer	Inventor	Scientist
Actor/Actress	Entrepreneur	Journalist	Social Scientist
Artist	Farmer	Librarian	Social Worker
Church Worker	Fashion Designer	Minister	Speech Pathologist
Composer	Filmmaker	Missionary	Teacher
Computer Specialist	Park Ranger	Musician	Theologian
Counselor	Graphic Designer	Philosopher	Therapist
Editor	Historian	Photographer	Translator/Interpreter
Educational Consultant	Holistic Health Practitioner	Physical Therapist	Video Editor
Employee Development Specialist	Human Resources	Professor	Web Designer
		Psychologist	Web Developer
		Researcher	Writer

Your Strengths

The following list of strengths was compiled based on your personal results. We want to encourage you with this list. Focus on what you are good at. If there are strengths on this list that you do not feel you possess, you may be able to develop them with relative ease since they are closely related to your personality.

Healthy sense of idealism	Interested in what is meaningful	Able to understand how others feel
Able to work independently	Loyalty is a top priority	Flexible in different situations
Naturally artistic	Concerned about the future	

Caring and gentle with others

Highly creative and imaginative

Able to bring peace to others

Able to see possibilities

Self-aware

Adept at looking inward

Skilled at visual learning

Able to picture things in your mind

Notices visual details

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"Personality is that which is most intimate to me—that by which I must act out my life. It is that by which I belong to man, that by which I am able to reach after God; and He has given to me this pearl of great

price. It is an immortal treasure; it is mine, it is His, and no man shall pluck it out of His hand." — Hugh Reginald Haweis

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